VOTED SOUTH AFRICA'S BEST WOMEN'S MAGAZINE

COSMOPOLITAN

OCTOBER 2017

'My Gum Got Stuck in His Junk'

Funny AF Sex Stories

Miley

Like You've Never Seen Her Before

THE HAIR ISSUE

Wear It YOUR Way

HAVE YOU HAD A BOOBGASM?

(Yup, It's a Thing!)

'I Live-Tweeted My Psychiatric Treatment'

WHY DOES SWEARING MAKE US FEEL SO EFFING GOOD?

BE IN THE BILLIONAIRE CLUB

4 Things the Mega-Rich Do That You Don't ... YET

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CONTENTS

OCTOBER 2017

In Every Issue

8 From the Editor
126 Stockists
127 Horoscopes
128 COSMO Quiz: Do You Need a Recharge?

ON THE COVER

12 **COSMO Confessions**
You reveal your most embarrassing, cringe-worthy moments

54 **Why Does Swearing Make Us Feel So Damn Good?**
A f*cking fun investigation

56 **'I Live-Tweeted My Psychiatric Treatment'**
How one woman used social media as part of her healing

80 **#BlackGirlMagic**
Your hair is powerful – wear it *your* way

103 **Have a Boobgasm!**
They're not just fun bags for your man…

116 **Work Like a Billionaire**
How to get a piece of the '1% club' action

44

CHILLIN' AT MILEY'S HOUSE

AN ALL-ACCESS PASS TO OUR COVER STAR'S FAMILY FARM

80

CULTURE CRUSH

15 **The COSMO Guy** Kyle Deutsch on dream collabs and side hustles

16 **My Cultured Life** What's hot in Rouge's world

19 **Best October Ever!** What to do, watch, read and listen to this month

22 **Does 'Black Tax' Create Dependency?** Two women share their opinion

BEAUTY

25 **Bounce Back!** Great products to elevate your curls game

26 **Best from the Beauty Desk** Our beauty team's freshest finds

29 **#AskThe BeautyGirls** Your beauty questions answered in 25 words or less

30 **Know-It-All Guide to…** Pro hair colour at home

FASHION

35 **Hey, Stud!** You can be feminine and battle-ready at the same time

36 **A Perfect Match** Spring trends meet clashing accessories in an unlikely love story

42 **Fest Fanatics** Dance-friendly threads for under R600

64 **Flower Child** Florals get revamped with '90s grunge

72 **Be Seen, Be Heard** Raise your voice – and your fashion profile

FEATURES

50 **9 Things We *All* Worry About** Unclench your fists and let go of your hair – good news is on the way

BODY

87 **How Do You Mend a Broken Heart?** Study findings that might surprise you

88 **Make Yoga More Fun** Yoga + weights + cardio = power!

92 **If Your Boobs Could Talk…** The girls have some things to get off their chest

LOVE LUST

99 **Up Your Big-O Odds** Get your fair share of bedroom satisfaction

102 **My Worst Sex Ever Was…** When his penis 'broke'

104 **Ambition or Love: Do You Have to Choose?** It's complicated…

109 **Ask Him Anything** Advice from our guy guru

CAREER & CASH

111 **One-Track Mind** Why mono-tasking is the new multitasking

112 **Good Day Guaranteed** Meet the smart way to structure your day

114 **'Know Your Story – And Believe in It'** Career lessons from a local entrepreneur

LIFE

119 **#PizzaGoals** Drool-worthy slices that are begging to be shared … or not!

122 **Croatia: The 5 Instagram Posts Worth Travelling for** Give your followers serious wanderlust

YOU CAN WIN!

118 Two nights' stay at a luxury villa in Clifton

125 A Canon camera and lens

'My Gum Got Stuck in His Junk'
Miley
THE HAIR ISSUE Wear It YOUR Way
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WHY DOES SWEARING MAKE US FEEL SO
4 Things the Mega-Rich Do That You Don't ...YET

OUR COVER STAR: MILEY CYRUS

Photography Ellen von Unwerth **Fashion** James Worthington DeMolet **Hair** Teddy Charles/The Wall Group **Props** Evan Jourden **Production** Viewfinders **Location** Thompson Nashville hotel **Re-create her look with MAC cosmetics** **Her face** Strobe Cream (R490) Goldlite, Studio Fix Fluid SPF15 (R460) N4 and Extra Dimension Skinfinish (R440) Beaming Blush **Her eyes** Eye Brows Brow Pencil (R260) Spiked and Eye Pencil (R270) Coffee with Eye Shadow X 9 (R590) Amber Times Nine and Bold & Bad Lash Mascara (R320) Bold, Bad, Black **Her lips** Retro Matte Lipstick (R240) Ruby Woo **Her top and jeans** Jonathan Simkhai **Her earrings and ring** Selim Mouzannar **Her ear cuffs and necklace** Miley's own

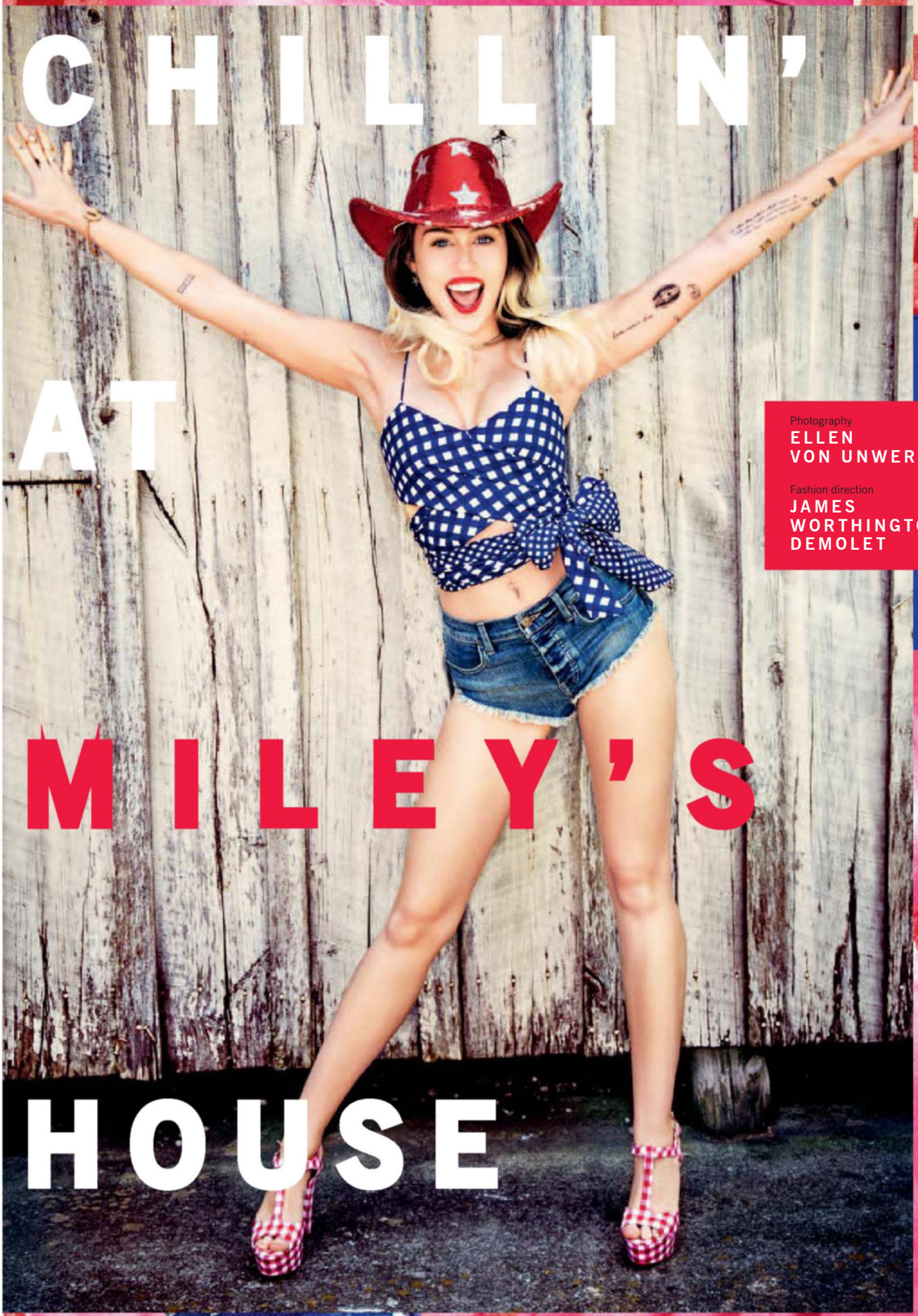
MILEY WEARS: LINGERIE JEREMY SCOTT SUNGLASSES AND EAR CUFFS HER OWN EARRINGS, STAR NECKLACE, BRACELET AND RING SELIM MOUZANNAR

LET'S HEAR IT FOR VAG PRIDE!

LEARN TO LOVE YOUR LADY PARTS

90

CHILLIN' AT MILEY'S HOUSE



Photography
ELLEN VON UNWERTH

Fashion direction
JAMES WORTHINGTON DEMOLET

TOP JOHANNA ORTIZ **SHORTS** WILDFOX **HAT, INITIAL NECKLACE, BELLY RING AND RING ON LEFT HAND** MILEY'S OWN **EARRINGS AND STAR NECKLACE** SELIM MOUZANNAR **BRACELET** ANNINA VOGEL **RINGS ON RIGHT HAND** SHAY

Sure, the sky's so blue in Malibu,

but when MILEY CYRUS needs a reset, she decamps to her childhood home just outside Nashville. On a brief break between performances and finishing her new album, the 24-year-old invited COSMO over for a glimpse inside the place that helped shape the megastar. She gave us an all-access pass to the family farm (her mom and dad – Tish and Billy Ray – were also hanging out), her girlie, bubblegum-pink bedroom and even her tween-age diary. Read on to find out what the outspoken activist and current judge on *The Voice* has to say about life, love and marriage – in her own uncensored words.

Full name: Miley Cyrus

The three words that best describe my upcoming album:

1. FREEDOM
2. LOVE
3. ME

A weird thing that happened during the songwriting process:

I wrote a song on my record in a dream...I dreamt my sis Noah + I were in my car on the way to the movies, a song came on the Radio + it was Noah's FAVORITE song! She said everyone was loving it... it's a 'smash' Then I said 'I wish I wrote it' ...I woke up...+ DID!

The hardest part about recording it:

I made a lot of this album during the summer so it was hard sometimes to leave the sun + lock myself in a padded studio ALL DAY ♡ (but it helps that it's rainbow!)

My saddest moment in the last year was:

Hillary Clinton losing the presidency. I still believe in my lifetime I'll experience the 1st female president

But my happiest moment was:

Watching people come together through my hopeful Hippies Campaign + get involved in their community!

One thing in my old room that I'll never get rid of:

My Britney Spears collection

The weirdest thing in my childhood home:

My lil sis' letter where she refers to herself as 'Noah Lindsey BIEBER'

The best part about having Dolly Parton as my godmother:

Having access to her closet! Ha SERIOUSLY watching the way she treats people w/ love + respect. Always a reminder to me + my family of WHAT is important. Never let success change your ♡

My biggest source of anxiety:

Being in CONTROL, I AM OCD + it can drive me crazy! I literally organize pizza crust in the box... I can be very obsessive! :-

What helps me de-stress:

Stilling my mind + focusing on breath

YOGA

One thing I've learnt about marriage from my parents:

Nothing + No-one stays the same. GROW, EVOLVE, change w/ each other + Celebrate your loves journey!

The best meal I've had in the past year:

Cracker Barrel
Always + Forever

My favourite look from a red carpet in my career thus far:

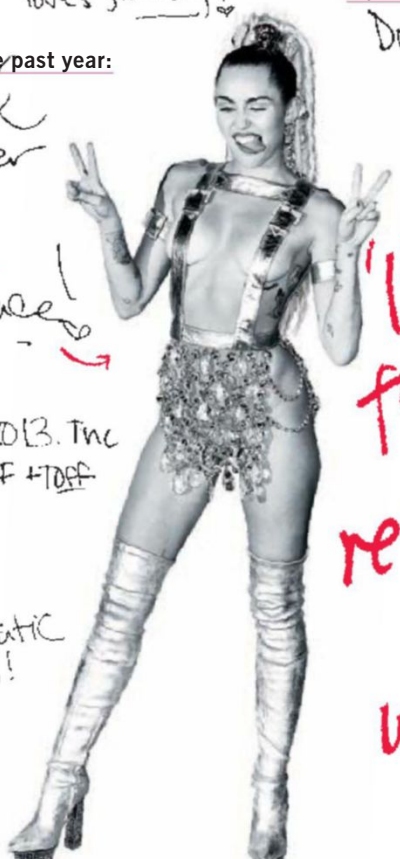
2015 VMAS! Versace!

My least-favourite look:

Pretty much 2008-2013. The Grammys were RUFF + TUFF FOR ME. YOIKES!

My go-to beauty hack:

Lotion takes the static OFF your clothes!



Eff/marry/kill – *The Voice* coaches:

EFF

ADAM LEVINE

Marry

JENNIFER HUDSON

Kill

BLAKE SHELTON

If I were auditioning on *The Voice*, I'd pick

Alicia Keys

as my coach because:

She's always made me feel super-loved + special ♡ I loved spending time in my big red chair next to my sis!

My pre-show pump-up ritual:

♡DRAG MUSIC♡ I♡RU!

The last website I visited:

You don't wanna know... or maybe ya do

XXX

My mother hates it when I:

Don't take my shoes off in the house! HA!

"I've been waiting for more than a year to release this album. I can't wait to share my story!"

You can take the girl out of Nashville but you can't take the Nashville out of the girl. Give Miley a hat and boots and she's ready to rock. She says she loves it that people dress up as her for Halloween.

TOP AND SHORTS HOUSE OF HOLLAND **HAT, EAR CUFFS, BELLY RING AND RING** MILEY'S OWN **EARRINGS AND STAR NECKLACE** SELIM MOUZANNAR

Located on 200 hectares of land, the Cyrus farmhouse is special to the family. Dad Billy Ray had it blessed. Here, Miley runs around with her sister Noah's dog, Leo – back home in Los Angeles, she has seven pups of her own.

DRESS TOPSHOP BRIDE **JEWELLERY** SELIM MOUZANNAR

ADDITIONAL PHOTOGRAPHY GETTY IMAGES, INSTAGRAM **HAIR** TEDDY CHARLES/THE WALL GROUP **PROP STYLING** EVAN JOURDEN **PRODUCTION** VIEWFINDERS **HOTEL** THOMPSON NASHVILLE

I always feel at home with:

My 2 pigs! Puddles + Pig Pig!

One of my proudest career moments:

Bringing Jesse to the VMAs to accept My video of the year award + bringing awareness to homeless youth!

What drives me to advocate for LGBTQ rights:

I have changed + evolved so much in my own life + have become the person I feel I truly am... I believe everyone should have the same freedom!

JANE GOODALL

ELVIS PRESLEY

JOHNNY CASH

If I could have dinner with anyone, I'd pick:

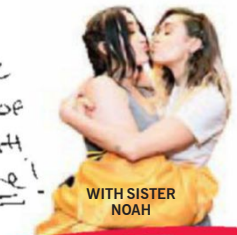
1. My pappy again! ♡
2. Jane Goodall
3. Johnny Cash (ELVIS) (can't choose)

I'd love it if no-one ever again asked me:

Anything about my personal relationship ♡

My biggest hope for Noah's career:

Is that she never lets people + their hurtful comments (cuz of insecurity) affect her bright light I want her to continue to shine!



WITH SISTER NOAH

Advice I live by:

My Dad always says "A trying time is no time to quit trying"

I feel most fearless when: The show is over!

the butterflies fly away

BE WHO YOU WANNA BE!

#always Radiate ... Ciara